

TERRA

Get your hands dirty!





Participants harvesting pumpkins

Do you want to spend an active day with your team in a garden?
Do you want to participate in regenerative agriculture practices?
Do you want to discover your local Community Supported
Agriculture?

About TERRA

In 2014, an agroecologist, a permaculturist, and a vegetable gardener were united by their dream to create regenerative and wholesome food systems. Together, they founded TERRA, an agro-ecological center in the heart of Luxembourg city and the country's first CSA (Community Supported Agriculture). TERRA is located on the beautiful Eicherfeld, a green plateau traditionally used for vegetable growing. TERRA attracts a wide range of passionate people, from CSA members who pick up their weekly share of the harvest and committed volunteers to future

market gardeners on their learning quest.

Join with your team and discover a regenerative garden that cultivates
biodiversity and community!

“TERRA is bringing the food back to the people, and the people
back to the soil.”
- Keana: member and volunteer at TERRA



If you would like your team to connect with each other and with nature through meaningful active work, TERRA is for you!

We have prepared the following options for you:

***Activities:** further info on p. 6



HANDS, HEART & BELLY IMMERSION

Arrival: 8:45

Start: 9:00

Guided tour of the garden (1hr)

Hands-on Activities* (3hrs with break)

Lunch directly from the garden (1hr)

Departure: 14:00

HEART & HANDS DISCOVERY

Arrival: 8:45

Start: 9:00

Guided tour of the garden (1hr)

Hands-on Activities*(1.5hrs)



TERRA tea and exchange (0.5hr)

Departure: 12:00

HEART GUIDED TOUR

Guided tour of the garden

TERRA tea and exchange

Morning or afternoon

2hrs



Practical information

1. DATES 2025

*Activities: further info on p. 6

Your visits to TERRA can be booked for the following **WEDNESDAYS**:

Spring	Summer	Autumn
2.4. 16.4. 7.5 14.5. 21.5. 28.5. 11.6.	25.6. 2.7. 23.7. 30.7. 6.8. 13.8. 20.8. 27.8.	8.10. 22.10.

Please note that the dates are subject to availability.

2. ACTIVITIES

Your team will participate in practical, hands-on activities in the TERRA garden. Our head gardener Pit decides what your team will do in the garden based on the season and the garden's needs at the time.

To give you an idea of what your team could do:

Spring: prepare cultivation beds, plant

Summer: plant, weed, prepare cultivation beds, harvest fruit

Autumn: harvest fruit or pumpkins, weed

Your team will be accompanied by at least 1 person of our staff at all times.

3. PARTICIPANTS

In order to welcome you in the best possible way and to make your experience and impact memorable, your team can be a **maximum of 12 people**. If you are a bigger group, we suggest that you split up in teams to come on different Wednesdays.

Please note that our activities are **not accessible for people with reduced mobility**. A **good basic fitness is necessary** for our outdoor activities hands, heart & belly and heart & hands (see General Conditions).



4. PRICE

- Hands, Heart & Belly: 800€ + 20€/p.pers. For lunch directly from the garden
- Heart & Hands: 600€
- Heart/ Guided Tour: 250€

All prices are exclusive of taxes. Wine (in the Hand, Heart & Belly option) will be charged apart.



5. EQUIPMENT

You will get dirty!

Please bring comfortable clothes that can get dirty. Dress according to weather conditions since you will be outside in nature: a hat against the sun, sun screen, and closed shoes/boots or wellies, possibly rain protection. TERRA can provide gloves for your team.

6. CONTACT & BOOKING

You can contact us via email: info@terra-coop.org to book your visit at TERRA!

Please mention the desired date, the activity of your choice and the number of participants in your email. If you have further questions, don't hesitate to give us a call: +352671047359.

Further info about TERRA: www.terra-coop.lu
[TERRA garden](#)

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BCEELULL IBAN LU64 0019 4355 0893 4000 TVA N. : LU26826115



l. to r.: Pit, Sophie and Marko - confounders of TERRA S.C.

GENERAL CONDITIONS

1. HEALTH & SAFETY

- Participants recognize that the activities proposed by TERRA are outdoor activities which are exposed to bad weather and to changeable climatic conditions and which may involve some risks due to the manipulation of garden tools, to harsh terrain, or to the presence of other people and animals on the land.
- All participants have to be in a state of physical and mental health that allows them to participate in this type of activity.
- TERRA cannot be held liable for any material, moral or physical damage that a participant may suffer as a result of his/her presence and/or activity on the premises, whatever the cause of such damage.
- All participants agree to stick to the Code of Ethics of TERRA (see point 4), which is posted near the office and undertake to respect it.

2. CANCELLATION POLICY

- TERRA holds the right to cancel an activity up to 12 hrs in advance if the weather

*Activities: further info on p. 6

conditions are unfavorable.

- An activity can be canceled by the participants' party up to seven days prior to the activity. After this delay, a cancellation fee of 50% of the total price applies. If an activity is canceled less than 24hrs in advance by the participants' party, TERRA reserves the right to charge 100% of the total fee of the activity.
- An activity canceled by TERRA can be reported to another day.

3. TIME POLICY

- If the start of the activity is delayed by the participants, the ending time of the activity remains as previously agreed.
- All extra time of the group at TERRA is charged at a rate of 100€/hr.

4. TERRA'S CODE OF ETHICS

- Respect for human rights and for nature: We are against all kinds of discourtesy, attacks and abusive language towards others. All actual or threatened violence toward or harassment of an individual or group is prohibited. We don't throw litter around TERRA's property, or the surroundings.
 - Respect for everybody's safety and health: We do not tolerate conduct endangering the life, safety, health or well-being of others. It is prohibited to bring dangerous or illegal articles to TERRA.
 - Education for a resilient culture that respects the soil and biodiversity: We work with nature without using pesticides, herbicides or insecticides. Our cultivation methods increase the richness of the soil and our presence in nature contributes to biodiversity, both cultivated and wild, on TERRA's property.
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